



South Community  
FOOD PANTRY

# 2022 Annual Report



*Nourishing Our Neighbors*



South Community Food Pantry



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It Takes a Village



**South Community**  
FOOD PANTRY

413.464.8042

110 South Street, Pittsfield, MA 01201



[southcommunityfoodpantry.org](https://southcommunityfoodpantry.org)  
[info@southcommunityfoodpantry.org](mailto:info@southcommunityfoodpantry.org)

Photos: Nancy Cook



**Berkshire Bounty has been regularly delivering donated and purchased food to South Community Food Pantry for approximately four years.**

South Community Food Pantry is remarkable for 1) the number of people they serve, 2) the regularity with which they provide significant quantities of food to those in need, 3) their efficiency, 4) the large number of dedicated volunteers involved in providing food to those in need, and 5) their collaboration with social service agencies to serve the most vulnerable populations. We recognize that many areas of Pittsfield lack equitable access to healthy, fresh food and food resources.

**Morgan Ovitsky**  
Director, Berkshire Bounty

# Dear Neighbors

South Community Food Pantry is the largest food pantry in Berkshire County, and the only pantry that offers weekly home deliveries to the elderly, disabled, and those without access to transportation. Our volunteers currently deliver to more than 350 households each week — a number that keeps increasing.

With the tremendous increase in food insecurity in our community and the rising cost of the nutritious food that we provide, we need support more than ever to continue this vital work.

*The cost for purchasing milk, eggs, and fresh fruits and vegetables now averages over \$12,000 a month!*

The Food Pantry has secured several generous grants for facility and equipment improvements this year. However, few grants actually allow for the purchase of food to stock our shelves.

Our pantry is a completely volunteer organization. Every dollar donated is used to purchase food to provide comfort and security to our neighbors.

We are inspired by the many ways that diverse people and organizations regularly come together to support South Community Food Pantry and our mission. I invite all of you to join us in *nourishing our neighbors*.

Thank you,

Mary Wheat  
President

## **An established organization with a new 501(c)(3) nonprofit status!**

The Food Pantry at South Congregational Church became South Community Food Pantry in 2022 and is now its own 501(c)(3) nonprofit charity organization (EIN: 92-2018906).

Special thanks to **Jeff Belair at Smith, Watson & Company, LLP** and **Jesse Cook-Dubin at Cohen Kinne Valicenti & Cook LLP** for helping us navigate this complicated process.

## **2022 Board of Directors**

Mary B. Wheat  
President

Pamela L. Kueppers  
Treasurer

Susan Kaufman  
Clerk

Nancy Cook  
Elizabeth Crane

Gretchen DeBartolo  
Rev. Michael O. Denton

Susan B. Filippi

Barbara L. Johnson  
Char L. Parron

Mary Ellen Puntin  
Mary L. Rentz

Thomas B. Sherman

## About

**...from serving a few families per week to more than 1,000 families each week.**

South Community Food Pantry began in the 1990s as an outgrowth of the weekly meal at South Congregational Church Pittsfield. 12 emergency bags of groceries were available after the meal — from there, it grew. Bags were distributed from the church office, and then from the Red Carpet area of the church through the first decade of the 2000s. Around 2010 the Pantry moved downstairs to spacious Barrett Hall and joined the Food Bank of Western Massachusetts shortly thereafter. It has grown from serving a few families per week to over 1,000 families per week thanks to a dedicated and caring all-volunteer team.

## Mission

**It is our hope to provide for our neighbors in the spirit of generosity, respect, kindness and acceptance so that no one in our community goes to bed hungry.**

South Community Food Pantry came about from an intention, and was brought to life by community members who shared the vision. We welcome individuals from the larger community to assist in fulfilling this mission with their time, talents, and donations.



**The food pantry has helped me tremendously, and has helped a lot of other people that really need the food.**

I am 87 years old and have a lot of health problems so the food delivery has been a great help to me.

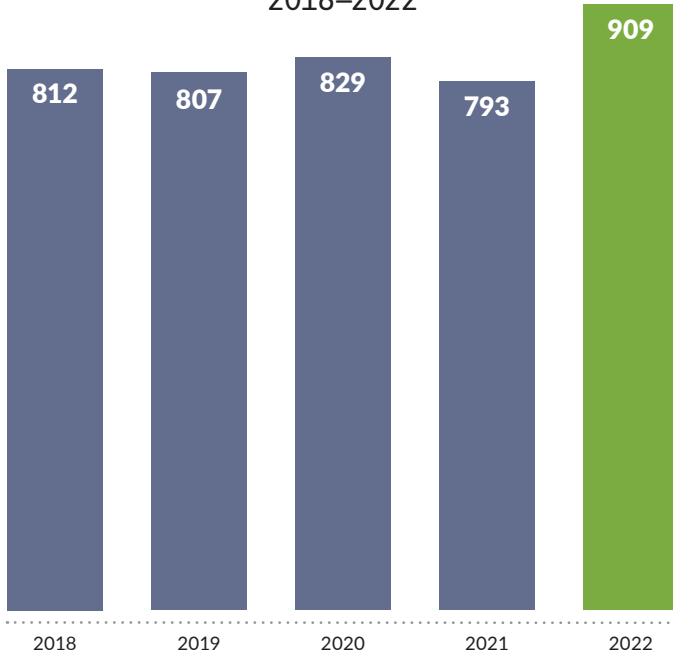
**JL**

Food Pantry client

# By the Numbers

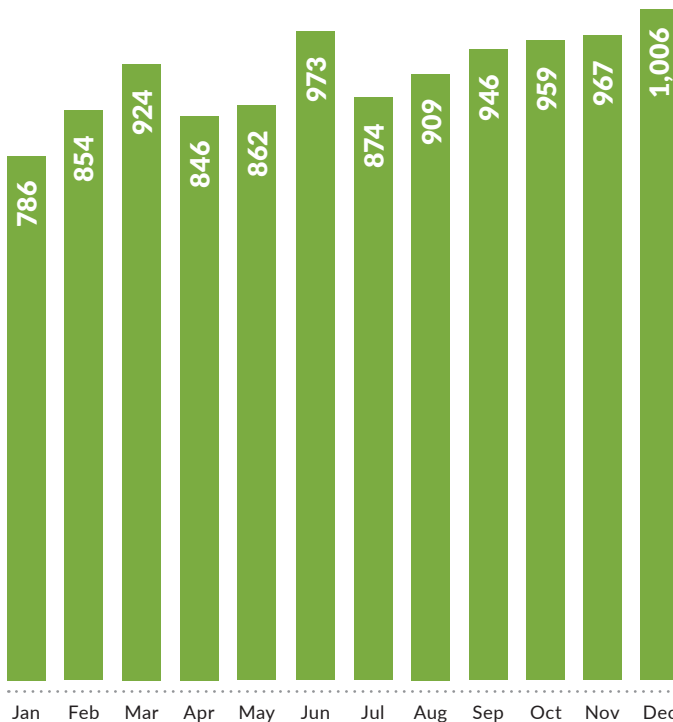
## Average Monthly Households Served by Year

2018–2022



## Households Served by Month

2022



## 2022 SNAPSHOT

**1,000**

**Average Weekly Households Served**  
including more than 400 weekly home deliveries

**120**

**Weekly Volunteers**

**\$0**

**Food Pantry Payroll**

**120**

**Average Number of**  
**Grab-and-Go Breakfasts Served**  
each day on Wednesdays & Thursdays

**12,895**

**Breakfasts & Dinners Served**

**80**

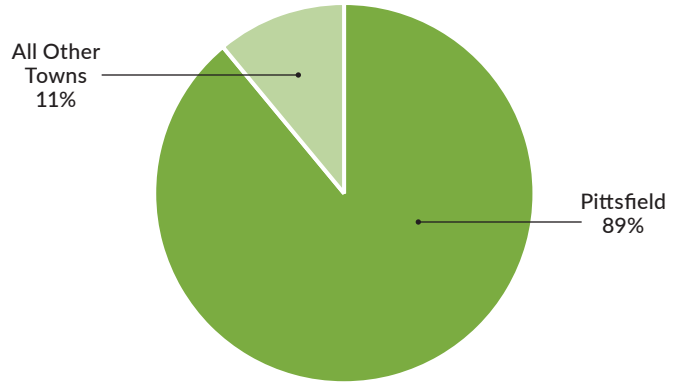
**Average Number of**  
**Grab-and-Go Dinners Served**  
each Wednesday night



**Everyone appreciates the great job these volunteers do — in all kinds of weather!** It really makes a difference in your groceries. And most of us do not get out any more, so this [delivery] is a great help.

**EM**  
Food Pantry client

## Client Household Location



### 2022 Household Location Demographics (January 1 - December 31, 2022)

City/Town	Number of Households
Pittsfield	1583
Adams	26
Cheshire	23
Springfield	23
Lanesborough	21
North Adams	15
Dalton	14
Hinsdale	10
Lee	10
Becket	9
Lenox	6
Stockbridge	6
Otis	5
Great Barrington	4
Sheffield	3
East Otis	2
Peru	2
West Stockbridge	2
Bennington, VT	1
Brainard	1
Florida	1
Holyoke	1
Indian Orchard	1
Savoy	1
Stephentown, NY	1
Tolland	1
West Springfield	1
Williamstown	1
Windsor	1
<b>Total Households Served</b>	<b>1775</b>





## Food Delivery — an Increasing Need

**South Community Food Pantry is the only food pantry in the area that offers delivery service.**

During the pandemic, the Pantry began delivering food to 10 families who could not come to the Pantry in person. We have continued to expand this service, filling a void in the Pittsfield area.

The Pantry's delivery service alleviates the systemic and physical barriers that our community members face in accessing nutritious food — including transportation, language and cultural barriers, and mental and physical limitations. Many clients do not own a vehicle (the Berkshires have limited public transportation), and many have limited access to childcare. We have heard numerous stories from our clients about lost incomes and having to choose between basic needs.

Despite easing pandemic restrictions, requests for food delivery continue to increase. There is an ongoing need for this service to reach the elderly, disabled, and those without transportation.

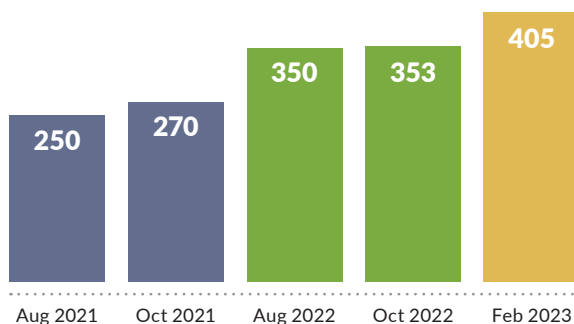
*Through our partnerships and home deliveries we access a large portion of the food-insecure Pittsfield population who would not otherwise have consistent access to nutritious food.*

**A time-intensive process.**

Volunteers pack delivery boxes specific to each family's needs. This helps avoid waste and addresses food allergies and dietary restrictions. This process is time intensive. More than 60 volunteers donate their time each week for the packing/delivery process alone.

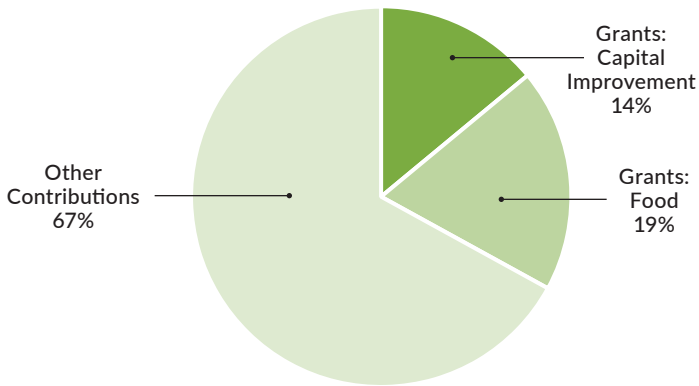
As an added benefit, our delivery volunteers provide a weekly personal contact, or well-check, for some of the more isolated seniors. Our volunteers often assist clients in finding other resources — fuel assistance, mental health counseling, housing issues. Sometimes they just offer a listening ear.

### Monthly Home Deliveries

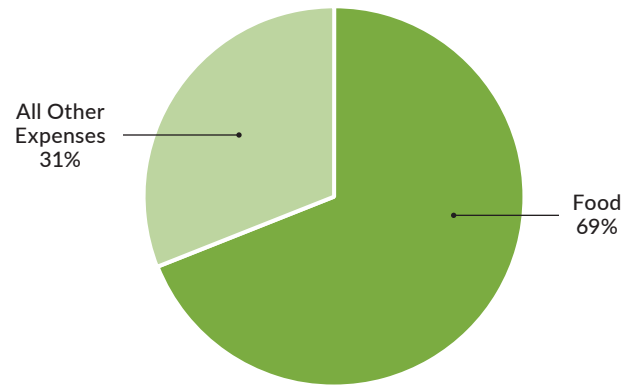


# Finances

## 2022 Income



## 2022 Expenses



### Grants & Donations

(January 1 - December 31, 2022)

Grants: Capital Improvement	
Food Bank of Western Massachusetts ✓ 2023 Project TBD	\$3,700
Feigenbaum Foundation ✓ Elevator Repair Project	\$10,000
Anonymous Donor ✓ Elevator Repair Project	\$20,000
<b>Total Grants: Capital Improvement</b>	<b>\$33,700</b>
Grants: Food	
Lee Bank	\$5,000
Emergency Food & Shelter Program	\$19,998
Anonymous Donor	\$20,000
<b>Total Grants: Food</b>	<b>\$44,988</b>
Other Contributions	
Individual & Corporate Donations	\$164,331
In-Kind Donations	\$100,000
<b>Total Other Contributions</b>	<b>\$264,331</b>
<b>Total Income</b>	<b>\$343,019</b>

### Operating Expenses

(January 1 - December 31, 2022)

Food	\$159,599
In-Kind Donations Distribution	\$100,000
Paper/Cleaning Products	\$18,868
Building Use Donation	\$12,000
Appliances	\$11,064
Support Services	\$5,807
Transportation	\$4,206
Trash/Dumpster	\$4,161
Computer Equipment	\$3,398
Parking/Plowing	\$3,233
Repairs	\$2,873
Other Maintenance	\$2,872
Other Equipment	\$1,410
Holiday Gifts	\$912
Advertising	\$412
Office Supplies	\$363
Fees	\$314
<b>Total Expenses</b>	<b>\$331,491</b>

# 2022 Improvements

## Elevator Repair Project

South Community Food Pantry is the largest food pantry distribution in Berkshire County, Massachusetts, serving over 1,000 families each week.

*To make this happen, nearly 83 thousand pounds of food are delivered to the pantry every month!*

The elevator used to move the food donations from the lower delivery location to the first-floor food pantry was never intended for such constant, heavy usage. To keep the food pantry running, the elevator requires **frequent repair**, which is both costly and disruptive. There are also **safety concerns** for our food pantry volunteers who must use this elevator.

✓ We received an anonymous grant and individual donations that funded major repairs to the food pantry delivery elevator, which will allow us to upgrade its performance and safety.

### In Progress

Thanks to **generous grants**, we are making the following improvements in 2023:

- Barrett Hall stage area remodeled and repurposed for food storage
- Electrical upgrades
- New walk-in freezer and refrigerator
- New commercial refrigerator
- Barrett Hall floor replacement

## 2023 Wish List

An **awning** above the Food Pantry entrance and exit would protect our clients from inclement weather and sun, and provide a covered outdoor setting to enjoy grab-and-go meals. A new **kitchen range** and an **air conditioning unit** would keep our volunteers cool as they prepare grab-and-go breakfasts and dinners on hot summer days. The Pantry also needs a **color copier and printer** for a variety of essential functions.



# It Takes a Village

## Volunteers

The Pantry began as a mission of South Congregational Church, but has become a true community effort, with about 120 people volunteering on a weekly basis.

*Our Pantry is staffed 100% by volunteers.*

We have strong relationships with community and religious organizations that provide volunteers, and many individuals from the community share their time in a variety of ways. Volunteers receive deliveries, pick up food donations, purchase food, stock shelves, prepare meals, clean, pack for deliveries, deliver food, clean, and perform a variety of administrative and fundraising tasks.

The pantry is open to clients on Wednesday and Thursday mornings from 7:30–11am, and Wednesday evenings from 4:30–5:30pm. Grab-and-go meals are also available during these times.



Volunteers Nancy Cook and Pam Kueppers discuss the Food Pantry on Pittsfield Community Television.

## 2022 Volunteers – Thank You!

### Businesses & Organizations

Berkshire County Sheriff's Office  
 Berkshire Fallon Health Collaborative  
 Berkshire United Way  
 Church of Latter-Day Saints  
 Congregation Knesset Israel  
 Retired Senior Volunteer Program (RSVP)

### Individuals

John Peters Abanulo	Alex Huber	Don Parron
Amy Abramovich	Bruce Jacobs	Joyce Peebles
Kate Alexander	Karen Jacobs	Ray Peebles
Barbara Allardyce	Barb Johnson	Andrew Peprah
Patty Annechiaraco	Lauren Johnson	Caleb Peprah
Ann Apat	Gay Johnson	Brenda Petell
Ann Appelbaum	Joey Johnson	Sandy Phelps
Marcia Arooth	Loren Johnson	David Pill
Bill Arzi	Tom Joyner	Dave Pingryn
Sally Bak	Becky Joyner	Keith Podavini
Elder Sheldon Banks	Art Kaufman	Pat Politis
Elder Elaine Banks	Sue Kaufman	Rick Pomeroy
Jo-Anne Barber	Henry Ketchum	Mary Ellen Puntin
Sally Baumer	Karen Kowgios	Helen Radin
Mike Baumgartner	Pam Kueppers	Juan Ramos
Brian Berkel	Peter Lafayette	Arline Reilly
Elder Best	Tobi Lanciano	Mary Rentz
Rosie Bleyer	Ellen Levy Lanciano	Peter Rentz
Jody Burrows	Phil Landa	Lynn Reynolds
Monroe Buyack	Brenda Landes	Dick Rivers
Patsy Buyack	Timothy Laporte	Karen & John Roche
Stacey Carver	Tim LaPorte	Gayle Rotenberg
Greg Chadwell	Chris LaRoche	Herman Rotenberg
Elder Christensen	Maureen Lawford	Mike Scalise
Pat Coates	Sven Leaf	Lew Schiller
Nancy Cook	Julia Lemieux	Marion Schleicher
Noah Cook-Dubin	Maria Leon	Carol Seltzer
Joan Couture	Hattie Leonard	Tom Sherman
Becky Crane	Aimee Lewis	Marcie Greenfield Simons
Gretchen DeBartolo	Mark Libby	Rick Smith
David Dee	Ann Longstreet	Sue Smith
Rev. Mike Denton	Bill Longstreet	Doug Stiffler
Michael Durst	Dan Luczyaski	Miranda Stracuzzi
Scott Eldridge	Vicki Marsala	Sharon Strassfeld
Rachael Eramo	Tina Martin	Fred Streit
Marlene Ethier	Jen McGovern	Scout Swonger
Tricia Farley-Bouvier	Barb Mendrala	Robert Sykes
Elder Fielding	Chris Merlet	Jimmy Tarbox
Sue Filippi	Carol Meyer	Charlie Thompson
Pam Flores	Steve Mole	Nancy Thompson
Robert Fried	Maria Montero	Jeff Turner
Doug Fuhlbrigge	Jim Moran	John Underdue
Don Fyfe	Deb Morawski	Abbie Von Schlegell
Judy Fyfe	Ada Moreno	Audrey Weiner
Ann Galt	Joan Morgan	Rabbi David Weiner
John Galt	Madeline Mosley	Diane Weinstein
Peg Garzone	Mary Mullen	Mary Wheat
Susan Gordon	Tony Mullen	Ginny Willcox
Robin Granger	Erin C. Murphy	Sean Wilson
Ann Greene	Michele Rivers Murphy	Paul Wojtkowski
Christine Grenoble	Jody Noel	Elder Wolfley
Phil Halpern	Lucas O'Brien	Lisa Wright
Linda Halpern	Tony Pagliarulo	Cheryl Zaccaro
Cindy Haven	Annie Pannesco	Charlie Zelvsky
Sandy Houghtlin	Jane Parise	
Pat Hubbard	Char Parron	



# Community Partners

## Food

South Community Food Pantry partners with Berkshire Bounty, a local food rescue organization that provides additional produce, eggs, and meats to supplement our supplies. During the growing season, we receive produce from local farms, including the Giving Garden and the Pittsfield Community Gardens.

Volunteers pick up food daily from local grocery stores, including Big Y, Market 32, Cumberland Farms, BJ's Wholesale Club, Stop & Shop, and Guido's Fresh Marketplace. We receive fresh hydroponic lettuce from the Berkshire County House of Corrections weekly throughout the year.

Many local organizations hold drives to collect food and other much-needed items for pantry visitors. The Pantry also serves as a distribution site for diapers (provided by the Diaper Project) and pet food (when available).

## Services

Several community navigators offer their services to families visiting the pantry. The Pittsfield Health Department offers a wellness clinic where clients can receive a free wellness check, get referrals for additional social/support services, and ask questions about a variety of health issues. A bilingual social worker and community health worker are available to assist with other areas of concern including housing, utilities, substance abuse, domestic violence, childcare, and employment. The CHP Mobile Health Unit offers wellness visits, chronic disease management, sick visits, vaccines, and boosters. They also register people for SNAP benefits and Mass Health, and give nutrition referrals. The Berkshire Center for Justice provides free monthly legal clinics for people who would not otherwise have access to representation.

## Referrals

The Pantry receives referrals weekly from a number of local organizations seeking assistance for individuals and families they are serving, including Central Berkshire Habitat for Humanity, Pittsfield Housing Authority, Institute for Health and Recovery, Berkshire Immigrant Center, and 18 Degrees.

*No one is turned away.*

We strive to offer access to anyone in need. We provide Spanish-speaking volunteers and translate our written correspondence into Spanish to effectively communicate with our growing Latinx population.

### 2022 Partners

#### Food & Necessities

Berkshire Bounty  
Berkshire County House of Corrections  
Berkshire Humane Society  
Berkshire Running Center  
Berkshire United Way  
Big Y  
BJ's Wholesale Club  
Church of Jesus Christ of Latter Day Saints  
Cumberland Farms  
The Diaper Project  
Feigenbaum Foundation  
Food Bank of Western MA  
The Giving Garden  
Guido's Fresh Marketplace  
Jewish Federation of the Berkshires  
Market 32  
Pittsfield Community Gardens  
Stop & Shop

#### Services

The Berkshire Center for Justice  
CHP (Community Health Programs)  
Cohen Kinne Valicenti & Cook LLP  
Fallon Health  
Pittsfield Health Department  
Smith, Watson & Company, LLP  
Tommy's Compost Services  
WIC (Women, Children & Infants)

#### Community

18 Degrees  
Berkshire Immigrant Center  
Central Berkshire Habitat for Humanity  
Institute for Health & Recovery  
Pittsfield Housing Authority

# Donors

Grants rarely cover the cost of food. We receive some food from regional food banks, grocery stores, and markets, but monetary donations from generous community members are essential to keep the shelves stocked at South Community Food Pantry.

We are so grateful for the community donations that keep the food pantry running, allowing us to provide for our neighbors in the spirit of generosity, respect, kindness and acceptance, so that no one in our community goes to bed hungry. *The donor list below does not include the many anonymous donations made in 2022. Please let us know if your name is misspelled or missing from this list.*



## 2022 Donors & Supporters – Thank You!

### Businesses & Organizations

Barrington Stage Company  
Berkshire Community Church  
Berkshire Portal, Women's Spirituality Group  
Berkshire Roots  
Civitan Club of the Berkshires  
COBB Society Western MA  
Cohen, Kinne, Valicente & Cook  
Congregation Knesset Israel  
Downtown Pittsfield, Inc.  
Dottie's Coffee Lounge  
First Church of Christ, Pittsfield  
First Congregational Church, Sheffield  
The Food Bank of Western MA  
The Gilson Family Foundation  
Greek Ladies Philoptochos Society  
Guido's Fresh Marketplace  
Hashim & Spinola  
James Penna Contracting  
Katherine L. W. & Winthrop Murray  
Crane Charitable Foundation  
Knights of Columbus  
Lee Bank  
Lee Bank Foundation  
LiUNA Local 473  
Martin & Oliveira LLP  
Paul Rich & Sons  
The Peabody & Plum Fund  
Pittsfield Gazette Subscribers & Advertisers  
Richmond Congregational Church  
Rotary Club of Pittsfield  
Sisters of St. Joseph  
Stop & Shop Giving Tag Program  
Tyton Partners  
Ward's Nursery & Garden Center

### Individuals

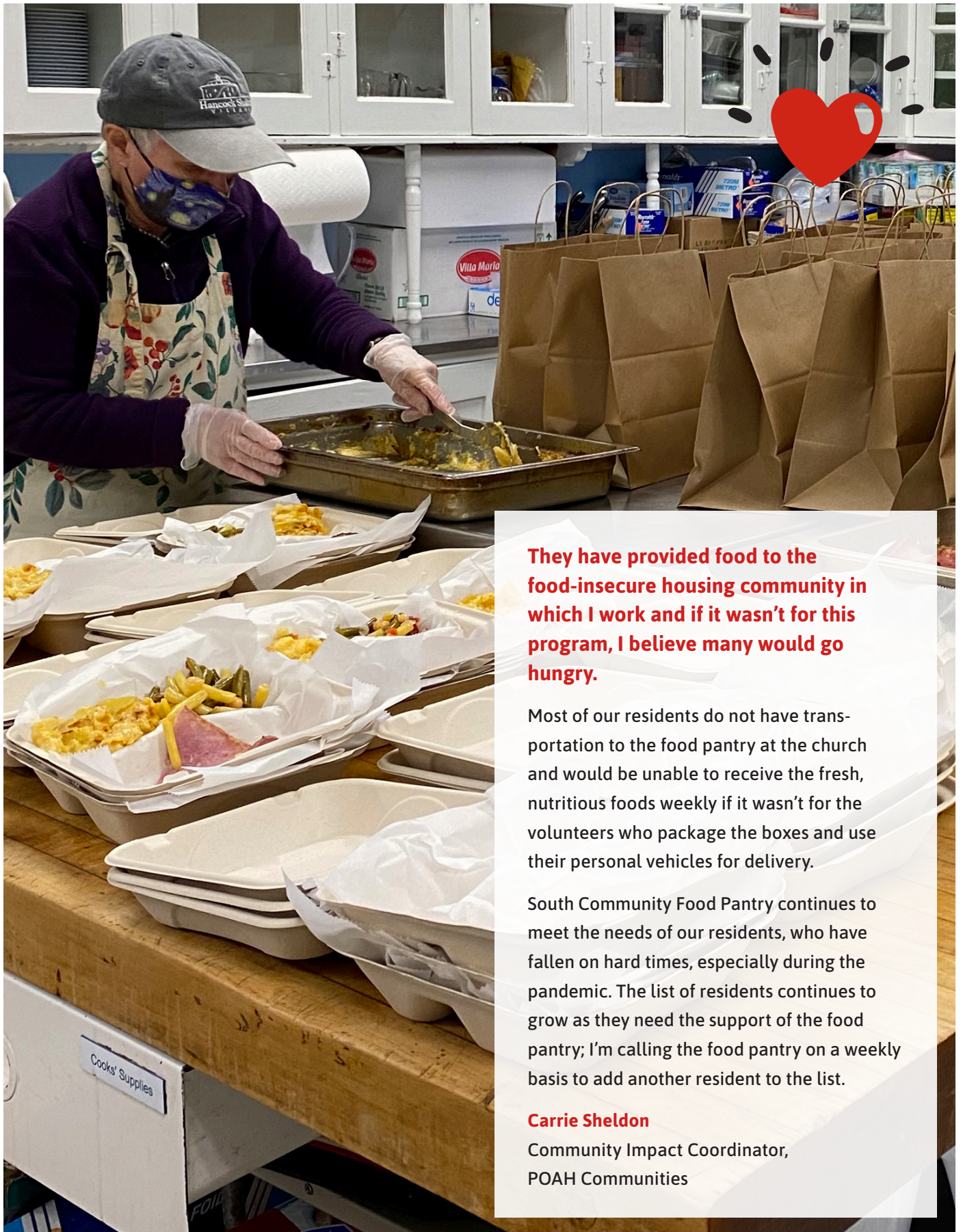
David & Diane Agar  
Rika Alper  
Paula & John Anderson  
Cecelia & Irving Appelbaum  
Joanna Arkema  
Katherine Barton  
Ruth Bass  
Nancy Bassi  
Sibylle Mayer Baughan  
Jennifer Bell  
Dorothy & David Bell  
Charlie Bercury  
John & Melissa Bissell  
Judith Bollinger  
Nicholas Boraski  
William Briggs  
Allan Buckes  
Mary Buhr  
Regina Burgio  
Christine & Raymond Bush  
Peter Calderella  
Patricia Callahan  
William Carey  
Jessica Cashen  
Marietta Rapetti Cawse  
Susan Cetti  
Carol & Paul Charow  
Claudine Chavanne  
Christopher & Joan Ciolfi  
Marynancy Clary  
Gracemary O'Connell  
Elizabeth & Frank Contenta  
Charles Cook  
Leora Cook-Dubin  
Dicken & Ruth Crane  
Sarah & David Crosby  
Rosemary & Timothy Crouch  
Darren Dagnoli  
Deidri Deane  
Joseph & Stephanie DeBeradnis  
Nancy deForest  
Joan & John Demartino  
Douglas & Andrea Denton  
David Derry  
Margaret Dotchin

Malcom Douglas  
Glenn & Kelly Dugan  
Virginia & Russell Durgin  
Virginia & Paul Durwin  
Scott & Mary Beth Eldridge  
David & Judy Epstein  
Robert Ericson  
Donald & Gail Fairbanks  
Leo J. Fairbanks  
Diane Fasset  
Veronica & Chris Fenton  
Susan Fertig  
Marly Fish  
D. Flechsig  
Steve Fogel  
William Frazier  
Jonna Gaberman & Bruce Wintman  
Barbara & Stephen Garrity  
Margaret Gazone  
Linda Giancola  
Elizabeth & Joseph Gingras  
Joan & William Goddeau  
Virginia & Thomas Goggins  
Kermit Goodwin, Esq  
Beth Grossman  
Adrienne Gruskin  
Clyde Haberman  
Susan L. Hamilton  
Emma Hann  
Maryalyce Hare  
Brian Harrison  
Joseph D. Hashim, O.D.  
CD Hashim  
Cynthia Haven  
Madelynn Heintz  
Holly Higinbotham  
Nancy & Neil Hiltbold  
Lisa & Thomas Hollyer  
Sara Horne  
Alexandra Huber  
Joel & Tora Huntington  
Timothy Ingalls  
Carole Ireland  
Lynn Johnson  
Barbara & Ward Johnson  
Sue & Art Kaufman  
Karen Ketcham

Suzanne King  
Daniel Knauss  
Carolyn & Albert Kock, Jr.  
Peter & Roberta Lafayette  
Marjorie & Stephen Latham  
Robert B. Lee, M.D.  
Lisa & Drew Lungo  
David Lussier  
Jane & Bernard Mack  
Patricia Madamas  
Sanda & Charles Magnesio  
Dorothy Mara  
Elena Marchak-Wansor  
Jeffrey Mason & Danielle Hammell  
William W. Matthiesen  
Ellen & Timothy Mazzer  
Ellen Mazzer  
Amy McNally  
Debra Melle  
Carol Meyer  
Sara & Art Milano  
Robert Minkler  
Erika Moore  
Paula Morey  
Erin & John Murphy  
Suzanne Nash  
Marcella Nevin  
Bruce & Mary Ellen Nielsen  
Patricia May Nixon  
Dick & Dana Noble  
Sharyl Noroian  
Mary Pope Osborne  
Ann Pannesco  
Stevan & Paula Patterson  
Steven & Ann Peplowski  
Jody Phillips  
Ann Pictrowski  
Julie Pike  
Jim & Christin Pivero  
Patricia Politis  
Elizabeth & Alan Pomeroy  
Marianna Poutasse & Sara Alberti-Jencks  
Patricia Pritchard  
Robert Quagliani  
Karden Rabin  
Dorothy Ransford

Haldor Reinholt  
Florence & Andrew Reis  
Irwin Renak  
Mary & Peter Rentz  
Joseph Rich & Harry Paynter  
Heidi Riello  
Barry Roberts  
John & Jean Roberts  
Donald & Barbara Roche  
Katherine M. Rogers  
Yana Rubin  
James Schaefer  
Sharon & Eric Schaffer  
Martin Schwartz  
Carol & Richard Seltzer  
Jacoba Sensus  
Judith Shaw  
Edward & Elizabeth Sheehan  
Barbara & Bruce Shickmanter  
Rita Siegle  
Christine & Kenneth Singer  
Sandra Smith  
Laurie Spar  
John Squires  
Bob & Dot Stowe  
Sharon Strassfeld  
Barbara & Edwin Taginski  
Ginella Tanner  
Judith Thompson  
Janice Toran & Bob Bogomolny  
Elizabeth & Mark Trapani  
James & Maryellen Tremblay  
Patricia Trotti  
Roberta & Frederic Trzcinka  
Judy & Mark Usow  
Mary & Paul Vrabel  
Patricia Wade  
Daryl Walters  
Judith Washburn  
Audrey Weiner  
Melissa & Albert Wilder  
Dr. Rita Willey  
Virginia Wisnowski  
Cheryl & Michael Zaccaro  
Nancy Zawistowski

Visit [southcommunityfoodpantry.org/donate](https://southcommunityfoodpantry.org/donate) to donate to the Berkshire's largest food pantry!



**They have provided food to the food-insecure housing community in which I work and if it wasn't for this program, I believe many would go hungry.**

Most of our residents do not have transportation to the food pantry at the church and would be unable to receive the fresh, nutritious foods weekly if it wasn't for the volunteers who package the boxes and use their personal vehicles for delivery.

South Community Food Pantry continues to meet the needs of our residents, who have fallen on hard times, especially during the pandemic. The list of residents continues to grow as they need the support of the food pantry; I'm calling the food pantry on a weekly basis to add another resident to the list.

**Carrie Sheldon**

Community Impact Coordinator,  
POAH Communities



**South Community**  
FOOD PANTRY

413.464.8042

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